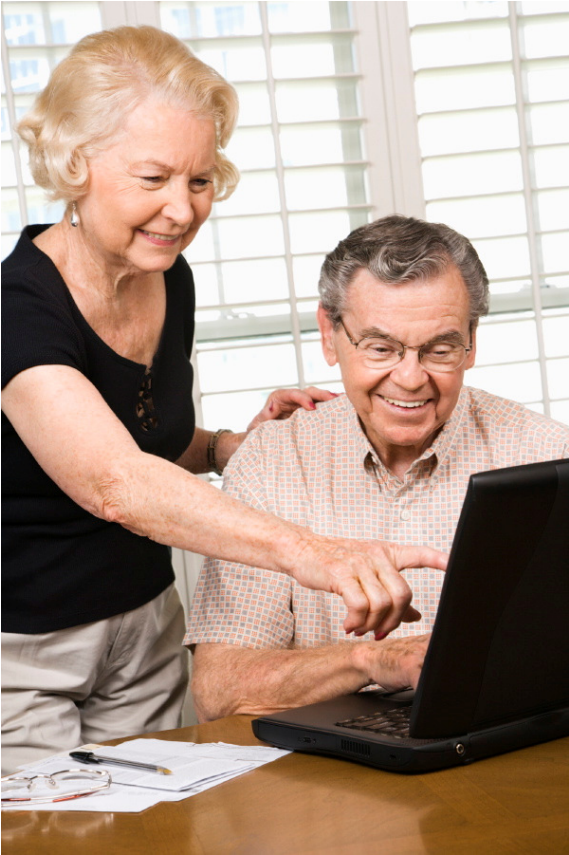


Technology for Seniors



Wednesday, September 11

9:30-10:30 a.m.

Midlothian YMCA

737 Coalfield Rd, Midlothian

Are you ready to take a technology leap? Learn about how to communicate using e-mail, Facebook, and Skype, and become comfortable using laptops, tablets, e-readers and smart phones.

Presented by experts from Thinking Cap Technologies, this free hands-on seminar is designed specifically for adults 55 years and older.

This program is sponsored by Chesterfield Triad and the Midlothian YMCA.

To register or for more information, call 804-768-7878.



Providing a FIRST CHOICE community
through excellence in public service.



Chesterfield Triad
*Enhancing the quality of life
and reducing crime against senior citizens*